

cares®

HEALTHCARE INTERACTIVE®

Iowa

Meet State and Federal  
Dementia Training Requirements with  
CARES® Online Training and Certification



[www.hcinteractive.com/CARES](http://www.hcinteractive.com/CARES)

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# Iowa

## For Facility Types *with* State Requirements

Elder Group Homes, Assisted Livings, & Adult Day Services

- **CARES®** Dementia Basics & Dementia-Related Behavior™



Chronic Confusion and Dementing Illness (CCDI) Facilities

- **CARES®** Dementia Basics & Dementia-Related Behavior™



## For Facility Types *without* State Requirements

Home Care

- **CARES®** Dementia Basics & Dementia-Related Behavior™



Hospice

- **CARES®** Dementia Basics & End-of-Life Dementia Care™



Nursing Homes

- **CARES®** Dementia Basics & Advanced Care™



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### **CARES® Dementia Specialist™ (C.D.S.)**

Looking to be recognized in the field of Dementia Care? The CARES® Dementia Specialist™ (C.D.S.) credential super charges and promotes excellence in the field of dementia care. The credential gives holders information and training to improve their understanding and abilities to serve individuals they care for. [www.hcinteractive.com/CDS](http://www.hcinteractive.com/CDS)



## Iowa

<https://www.legis.iowa.gov/docs/iac/rule/12-10-2014.481.57.6.pdf>

(2) Training shall include the following topics: (II, III)

1. An explanation of Alzheimer's disease and related disorders, including symptoms, behavior and disease progression;

**HCI Response:** Covered extensively in CARES Dementia Basics Module 2: Introduction to Dementia

2. Skills for communicating with persons with dementia;

**HCI Response:** Covered extensively in CARES Dementia Basics Module 1: Meet Clara Jones, and Module 4: The CARES Approach

3. Skills for communicating with family and friends of persons with dementia;

**HCI Response:** Covered throughout all modules in CARES Dementia Basics. Module 1: Meet Clara Jones (screen 6, sense of reality video; screen 14 thrive video). Module 2: Introduction to Dementia (screen 15, middle stage: families video). Module 3: Behavior as a Form of Communication (screen 6, CARES Tip; screen 10, I Want to Go Home; screen 17, What Can You Do? pop-up; and screen 20, question 7). Module 4: Learn the CARES Approach (screen 4, Assess video and Share video; screen 5, Try It activity and CARES Tip; screen 7, dressing pop-up; screen 17, question 5).

4. An explanation of family issues such as role reversal, grief and loss, guilt, relinquishing the caregiving role, and family dynamics;

**HCI Response:** Covered in Module 1: Meet Clara Jones (screen 13, Caregiving and Grief; screen 14: Making a Difference video; screen 14: Coping with Caregiving Stresses; screen 14: Working with Families video; screen 14: Communication video. Module 2: Introduction to Dementia (screen 7, CARES Tip; screen 15, Fluxuating, Gradual Decline video; screen 15: Middle: Talking to Families video).

5. The importance of planned and spontaneous activities;

**HCI Response:** Covered in Module 1: Meet Clara Jones (screen 11, OT video and PT video). Module 2: Introduction to Dementia (screen 6, CARES Tip; screen 14, Appropriate Activities for Each Stage, all pop-ups at all stages). Module 3: Behavior as a Form of Communication (screen 16, Critical Concept pop-up).

6. Skills in providing assistance with activities of daily living;

**HCI Response:** Covered extensively in Module 4: The CARES Approach (screen 7, Using the CARES® Approach During Activities of Daily Living, ADL pop-ups, ADL case study, and ADL video).

7. Skills in working with challenging residents;

**HCI Response:** Covered throughout all modules in CARES Dementia Basics, but covered in depth in Module 3: Behavior as a Form of Communication.

8. Techniques for cueing, simplifying, and redirecting;

**HCI Response:** Covered throughout the program as a key concept, but in particular in Module 2: Introduction to Dementia (screen 9, How Dementia Affects Thinking Skills, Judgement video). Module 3: Behavior as a Form of Communication (screen 9, What is “Real” to the Person with Dementia?, “Acknowledge the person’s feeling and their reality” video). Module 4: The CARES Approach (screen 7, Using the CARES® Approach During Activities of Daily Living, ADL pop-ups, ADL case study, and ADL video; screen 8, Keys to Success with CARES, Key 8: Give Simple Choices; screen 10, Using the CARES® Approach With Bertha and Carl; ).

9. Staff support and stress reduction;

**HCI Response:** Covered throughout the program, but covered in depth in Module 1: Meet Clara Jones (screen 12, Take Care of Yourself; screen 12, Managing Your Stress; screen 13: Caregiving and Grief).

10. Medication management and nonpharmacological interventions.

**HCI Response:** Covered extensively throughout the program, but in particular in Module 2: Introduction to Dementia (screen 16, Current Alzheimer’s Medications; screen 16, Critical Concept, Can Dementia be Reversed?; screen 17, Antipsychotic Medications; screen 18, Non-Drug Treatments; CARES Tip: The Effects of Non-Pharmacologic Treatments). Module 3: Behavior as a Form of Communication (screen 18, Safety and Safe Environments). Module 4: The CARES Approach (all screens of this module).